## Contact Project I AM THAT I AM from Ingrid Ortmann

**Project I AM THAT I AM from Ingrid Ortmann** - is based in Hamburg (Germany) and operates regional, national and internationally. I communicate with my national and international clients via new media such as "Skype" for video / phone sessions. Of course you can also use my services personally in Hamburg or during educational trips. I use "ancient wisdom", proven principles and newest knowledge / methods from practice, research and spirituality.

Areas of my holistic and multidimensional work include:

- ♥ Coaching: I AM THAT I AM
- Multidimensional Work (Consciousness, Energetic, Spirituality)
- ♥ Make Fields / Grids / Resources / Portals (spiritual, energetic, material) valuable useable
- ♥ Holistic Life- and Business Development / Change Management
- Transformation and achieve big Goals
- ♥ Holistic Coaching and Consulting (Individuality & Business)
- ♥ Putting streams in order and allow "holy order"
- ▼ Enable Coherence with mental, energetic and spiritual Principles
- ♥ Support Balancing and Self-Healing
- ♥ Alignment & Activation and Integration of Essential
- Quantum Purification / -Energizing & Crystalline Purification / -Energizing
- **♥** Education and Training

## **Projekt I AM THAT I AM**



Dipl.-Ing. Ingrid Ortmann merges intuition + knowledge + practice in Coaching session and education

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More information about my life journey, please click on my Website under "über Ingrid Ortmann" and there you will find a link to the English pdf-version of "about Ingrid Ortmann")